

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p style="text-align: center;"><b>Pavonine Yoga Beacon September Schedule</b> Changes possible – see our website <a href="http://www.pavonineyoga.com">www.pavonineyoga.com</a></p>						<p><b>1</b></p> <p><b>9am</b> Warm Yoga Sculpt (Dominique)</p>
<p><b>2</b></p> <p><b>9am</b> Hot Vinyasa (Teslie)</p> <p><b>7pm</b> Yin (Jessica) (75 mins) (unheated)</p>	<p><b>3</b></p> <p><b>9am</b> Hot Power Flow (Kris)</p> <p><b>6pm</b> Warm Vinyasa (Meghan)</p>	<p><b>4</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>7pm</b> Hot Slow Flow (Heather)</p>	<p><b>5</b></p> <p><b>8:30</b> Hot Vinyasa (Teslie)</p> <p><b>6pm</b> Hot Power Flow (Ashley)</p>	<p><b>6</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>5:30</b> Hot Vinyasa (Heather)</p>	<p><b>7</b></p> <p><b>9am</b> Hot Power Flow (Danica)</p> <p><b>10:30</b> Hot Vinyasa (Delia)</p>	<p><b>8</b></p> <p><b>9am</b> Warm Yoga Sculpt (Dominique)</p> <p><b>5:30</b> Hot Vinyasa (Delia)</p>
<p><b>9</b></p> <p><b>9:30</b> Hot Vinyasa (Aimee)</p> <p><b>7pm</b> Yin (Jessica) (75 mins) (unheated)</p>	<p><b>10</b></p> <p><b>9am</b> Hot Power Flow (Kris)</p> <p><b>6pm</b> Warm Vinyasa (Meghan)</p>	<p><b>11</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>7pm</b> Hot Slow Flow (Heather)</p>	<p><b>12</b></p> <p><b>8:30</b> Hot Vinyasa (Teslie)</p> <p><b>6pm</b> Hot Power Flow (Ashley)</p>	<p><b>13</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>5:30</b> Hot Vinyasa (Heather)</p>	<p><b>14</b></p> <p><b>9am</b> Hot Power Flow (Danica)</p> <p><b>10:30</b> Hot Vinyasa (Delia)</p>	<p><b>15</b></p> <p><b>9am</b> Warm Yoga Sculpt (Dominique)</p> <p><b>5:30</b> Hot Vinyasa (Delia)</p>
<p><b>16</b></p> <p><b>9:30</b> Hot Vinyasa (Aimee)</p> <p><b>7pm</b> Yin (Jessica) (75 mins) (unheated)</p>	<p><b>17</b></p> <p><b>9am</b> Hot Power Flow (Kris)</p> <p><b>6pm</b> Warm Vinyasa (Meghan)</p>	<p><b>18</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>7pm</b> Hot Slow Flow (Heather)</p>	<p><b>19</b></p> <p><b>8:30</b> Hot Vinyasa (Teslie)</p> <p><b>6pm</b> Hot Power Flow (Ashley)</p>	<p><b>20</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>5:30</b> Hot Vinyasa (Heather)</p>	<p><b>21</b></p> <p><b>9am</b> Hot Power Flow (Danica)</p> <p><b>10:30</b> Hot Vinyasa (Delia)</p>	<p><b>22</b></p> <p><b>9am</b> Warm Yoga Sculpt (Dominique)</p> <p><b>5:30</b> Hot Vinyasa (Delia)</p>
<p><b>23 + 30</b></p> <p><b>9:30</b> Hot Vinyasa (Aimee)</p> <p><b>7pm</b> Yin (Jessica) (75 mins) (unheated)</p>	<p><b>24</b></p> <p><b>9am</b> Hot Power Flow (Kris)</p> <p><b>6pm</b> Warm Vinyasa (Meghan)</p>	<p><b>25</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>7pm</b> Hot Slow Flow (Heather)</p>	<p><b>26</b></p> <p><b>8:30</b> Hot Vinyasa (Teslie)</p> <p><b>6pm</b> Hot Power Flow (Instructor TBA)</p>	<p><b>27</b></p> <p><b>6am</b> Hot Yoga Boot Camp (Delia)</p> <p><b>5:30</b> Hot Vinyasa (Heather)</p>	<p><b>28</b></p> <p><b>9am</b> Hot Power Flow (Danica)</p> <p><b>10:30</b> Hot Vinyasa (Delia)</p>	<p><b>29</b></p> <p><b>9am</b> Warm Yoga Sculpt (Dominique)</p> <p><b>5:30</b> Hot Vinyasa (Delia)</p>